Irish Amateur Wrestling Association

DUBLIN OPEN WRESTLING TOURNAMENT 2026

Registration is live on www.irishwrestling.ie

Date: Saturday 23rd May 2026

1 Day event \ 2mats **Maximum 100 participants - SENIOR, JUNIOR & KIDS**

Venue: DCU Sports Hall, Collins Avenue Extension Whitehall, Dublin, D09 W6Y4

Categories: Male & Female – Freestyle Wrestling – Participants will be required to give their current weight and Club Name during Registration

- **Female Under 18 will be matched on the day** depending on numbers.
- **U9s** (9yrs and under), **U11s** (10 -11yrs), **& U13** (12-13yrs) **to be matched on the day based on 10% of their weight** in accordance with IAWA guidelines.
- **For U11s and under** - depending on the number of registrations, **mixed gender categories will be allowed**. Pairings are at the discretion of the pairing master.

Weigh in: At the venue – Saturday 23rd May 08:00 to 09:15 ONLY.
All Participants must show government recognised Photo ID showing their Name and Date of Birth at the check-in eg. Passport, Drver license. Weigh in is at the venue only, NO Video weigh in's will be accepted.

Entry fee: **Early-bird Registration Fee** €30.00
Early-bird closes Wednesday 13th May at 20.00hr - Regular entry fee €45 for all participants
All registrations will close on Monday 18th May 20:00hr

Membership: **Irish Resident** Competitors can register online if their I.A.W.A. membership is valid for 2026
International Participants (including those travelling from Northern Ireland and mainland UK and further) must be members of their home NGB

Entries: Online entries only. NO ENTRIES OR PAYMENT ON THE DAY

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2026 Dublin Open - Weight Divisions										
	FEMALE FREESTYLE					MALE FREESTYLE				
CATEGORY	U13 Female	U15 Female	Cadet Female	Junior Female	Senior Female	U13 Male	U15 Male	Cadet Male	Junior Male	Senior Male
	U9, (10-11) (12-13)	14 - 15 years	16 -17 years	18 - 20 years	21 & Older	U9, (10-11) (12-13)	14 - 15 years	16 -17 years	18 - 20 years	21 & Older
WEIGHT ALLOWANCE	0kg	0kg	+1kg	+2kg	+2kg	0kg	0kg	+1kg	+2kg	+2kg
BIRTH YEAR	2013 & Younger	2011-2012	2009-2010	2006-2008	2005 & Older	2013 & Younger	2011-2012	2009-2010	2006-2008	2005 & Older
STYLE	FS	FS	FS	FS	FS	FS	FS	FS	FS	FS
Bout Times	2 x 2 min	2 x 2 min	2 x 2 min	2 x 3 min	2 x 3 min	2 x 2 min	2 x 2 min	2 x 2 min	2 x 3 min	2 x 3min
WEIGHT	Wrestlers will be paired according to age within approx 2 years and weight within 10%. These divisions may also be mixed gender	33 (+29kg)	36 (+34kg)	50kg	50kg	Wrestlers will be paired according to age within approx 2 years and weight within 10%. These divisions may also be mixed gender	38 (+34kg)	45 (+41kg)	57kg	57kg
		36kg	43kg	53kg	53kg		41kg	48kg	61kg	61kg
		39kg	46kg	55kg	55kg		44kg	51kg	65kg	65kg
		42kg	49kg	57kg	57kg		48kg	55kg	70kg	70kg
		46kg	53kg	59kg	59kg		52kg	60kg	74kg	74kg
		50kg	57kg	62kg	62kg		57kg	65kg	79kg	79kg
		54kg	61kg	65kg	65kg		62kg	71kg	86kg	86kg
		58kg	65kg	68kg	68kg		68kg	80kg	92kg	92kg
		62kg	69kg	72kg	72kg		75kg	92kg	97kg	97kg
		66kg	73kg	76kg	76kg		85kg	110kg	125kg	125kg
							+85kg			
The IAWA reserve the right to make changes to entry criteria and weight divisions										

Weight allowance: 1kg for Cadet and 2kg Junior & Seniors only. Competitors must be either at or lower than their weight, but not heavier at the time of the weight check. If the wrestler is over the weight specified, they will be removed from the

Registration: Wrestlers can register on www.irishwrestling.ie . Registration will go live VERY SOON

Stipulations: Coaches IAWA membership must be up to date. Coaches will be required to wear coach ID during the tournament. Coaches must be appropriately dressed in the corner. (Tracksuits only)

All Irish club secretaries are reminded that Clubs, Competitors and Coaches must be registered with the I.A.W.A and Coaches must have current vetting certificate.

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Closing date:	Final Closing Date Monday 18th May 2026 at 20.00hr. No entries will be taken after this time
Awards:	Medals for 1st,2nd, 3rd
Stipulations:	**The IAWA reserves the right to make changes to the tournament programme .**
Competition Director:	Daniel Kennedy
Competition Contact:	competitionsiawa@gmail.com
Safeguarding Officer:	Viorel Cristinel Bors
Code of Conduct:	By attending this competition as a wrestler, coach, parent or spectator you agree to comply with the IAWA Wrestling Code of Conduct. Code of Conduct
Anti-Doping:	All competitors entering IAWA competitions are also signing up to sport Irelands Anti-doping policy through the Irish Sports Council Act 1999. Full information on https://www.irishwrestling.ie/governance/anti-doping
Merchandise:	There will be T-shirts, hoodies, Singlets and wrestling merchandise for sale on the day.
Photography:	Unless stated by clubs or individuals in writing to us before the competition date, consent will be given for photographs and videos to be taken in the hall on the day of the competition. These photos may appear on social media or websites for publicity of future events. Email: competitionsiawa@gmail.com
Parking:	Parking at owners' risk
Food and Drink:	No food or drink in the Main hall

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Transport: DCU is serviced by the following buses which stop outside the University at the Ballymun Road and Collins Ave entrances, or near to the university with stops on Swords Road and Glasnevin Avenue. Routes servicing DCU include: 3, 4, 9, 11, 13, 16, 16A, 17A, 33, 41, 41B, 41C, 46X, 103, 104 and 105.

Accommodation: Travel Lodge Phoenix Park LINK HERE
Generator Hostel Dublin City Generator Hostel
Accommodation around Dublin 9 and 11 area,