



Irish Amateur Wrestling Association.

Website - www.irishwrestling.ie

Covid 19 Level 5 Update

30/12/2020

Following this evening's Government announcement surrounding Level 5 restrictions, The Irish Amateur Wrestling Association has the following statement.

The new Level 5 restrictions begin at midnight tonight, 30th December 2020, and will continue until 31st January 2021. This means that all IAWA Club Training cannot take place during this time. Please see below for full details on what the new restrictions mean for IAWA training.

We understand that further restrictions are difficult for our community, but we are in this together. The IAWA once again asks that all our members strictly adhere to Government advice to ensure that we all play our part in keeping one another safe.

GOVERNMENT GUIDELINES

ORGANISED OUTDOOR GATHERINGS

These are controlled environments with a named event organiser, owner, or manager. For example: outdoor arts events, training events.

No organised outdoor gatherings should take place.

EXERCISE AND SPORTING EVENTS

Training

People may meet with people from one other household in outdoor settings when taking exercise.

No indoor or outdoor exercise group activities, including those involving children, should take place.

Outdoor golf and tennis are not permitted.

Individual training only. No exercise or dance classes. No indoor or outdoor gatherings involving "individual training" except for professional and elite sports.

Matches and events

Professional, elite sports, horse racing, greyhound racing and approved equestrian events only are permitted to continue behind closed doors.

No other matches or events are to take place.



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Gyms, leisure centres and swimming pools

Gyms, leisure centres and swimming pools must close from close of business on 31 December.

Visit the Government website [HERE](#) for the full details of the restrictions.

WRESTLING & GRAPPLING TRAINING

→ I.A.W.A. Club Training is not permitted

→ I.A.W.A. members can train outdoors within 5km of their home

Stay safe

I.A.W.A.

Last Updated: 30th December 2020