



Irish Amateur Wrestling Association

Dublin Open 2023

Freestyle Wrestling Tournament



- Date:** **SUNDAY 2nd April 2023 – 1-day event**
Sunday morning weigh-check only
Weigh Check from 09:00 – 10:00am
Wrestling Starts at 11:00am
- Venue:** Poppintree Community & Sports Centre
Balbutcher Lane, Ballymun, Dublin 11
Eircode – D11E7WR
- Entries** Online registration only at www.irishwrestling.ie
Entries go live on our website Wednesday 7th March
Competitors must be IAWA members and logged into your account to register.
To renew your membership or to register as a new member please click-
<https://www.irishwrestling.ie/membership/>
Annual Membership is currently only €10 and allows members to register for all competitions, events, courses and seminars.
- Entry Fee-**
Early Bird Entry Fee is €15 before Sunday 26th March – 22:00hr
Entry Fee after 22:00hr on Sunday 26th March will go up to €30.
Final **Closing Date** for all entries is 22:00hr on Wednesday 29th March.
For Competitors under 18, Please enter the exact weight that they will be on the date of the competition.
Seniors must select a weight division online.
No entries will be taken after the closing time or on the day of the competition.
Competitors from outside the Republic of Ireland, please email competitionsiawa@gmail.com
Entries will be capped at 80 competitors.
Corner Coaches on the day must be current IAWA registered Coaches or registered with their home NGB.
- Weigh Check** 09:00 – 10:00am on Sunday 2nd April. Seniors must be on weight or slightly under, but not over at the weight check.
- Category:** This competition is designed to encourage new wrestlers, improving wrestlers, grapplers, BJJ and MMA wrestlers to compete in a Freestyle Wrestling Tournament.
Wrestlers must wear a wrestling singlet when competing.
- This competition is open to children from 6 years (Born 2017) up to Senior Age.
Senior- Male / Female Born 2005 and before.
Under 18 Weights will be matched on the day in accordance with age and weight.
Juniors are 18 years or under on the day of the tournament.
- When entering your details on the website please enter your -
- Exact Weight on the day of the competition
 - Age on the day of the competition and Date of Birth
 - Any other details that are requested.



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Seniors Male Weights:

Seniors Male (Born 2005 and before)
57, 61, 65, 70, 74, 79, 86, 92, 97, 125 Kg

Senior Female (Born 2005 and before)
50, 53, 55, 57, 59, 62, 65, 68, 72, 76 Kg

Weight Allowance

No weight allowance for seniors

If there are insufficient competitors in a weight class, wrestlers will be accommodated in another weight class at the discretion of the Pairing Master

Only one weight category per entry.

Anti Doping:

All competitors entering IAWA competitions and events are also signing up to sport Irelands Anti-doping policy through the Sport Ireland Act 1999. For full Anti-doping information click

<https://www.irishwrestling.ie/governance/anti-doping>

Awards:

Medals for 1st, 2nd & 3rd place

Photographs

Photographs and Video maybe taken of this event by the IAWA.

Photos maybe posted on our social media to promote future wrestling events.

Competition Director

Keith Kennedy keithkwrestling@gmail.com

Child Safeguarding Officers

Pauline Lucas jawagardavetting@gmail.com

Daniel Kennedy irishwrestling@outlook.ie

Directions:

Eircode - D11E7WR

Popintree Sports Centre. Balbutcher Lane, Ballymun.