



Irish Amateur Wrestling Association CLG.

Email: irishwrestling@outlook.ie

Website - www.irishwrestling.ie

Event Name:	2019 Tallinn Open
Date:	March 29 th to 30 th 2019
Location:	Tallinn, Estonia
Venue:	COMPETITION LOCATION: Saku Suurhall. Paldiski Maantee 104B, Tallinn 13522 www.sakusuurhall.ee (GPS coordinates: Lat: 59°42.6156', Long E 24° 64.7332'). Saku Suurhall is 10km from the Airport and Harbour, and 7km from the centre of the Old City.
Age Group	Under 18 to Senior, FS & GR
Closing Date For Entries	Entries must go through IAWA
Age & Weights	Attached below
Additional Details	
Contact for more information:	irishwrestling@outlook.ie

All competitors must be current registered members of the Irish Amateur Wrestling Association.

All coaches attending must be IAWA Certified, Garda Vetted and must be current registered members of the Irish Amateur Wrestling Association.

All entries from the republic of Ireland must go through the Irish Amateur Wrestling Association

All persons travelling outside of Ireland must have their own Travel Insurance

All entries from the Republic of Ireland travelling to International Wrestling Competitions must be entered by going through the Irish Amateur Wrestling Association



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2019 TALLINN OPEN –

Kr. PALUSALU YOUTH WRESTLING TOURNAMENT

OVERVIEW OF 2019 TALLINN OPEN:

- Largest tournament in Europe
- March 29, 2019 start of weigh-in
- March 30, 2019 Greco-Roman
- March 31, 2019 Freestyle and Female wrestling
- Registration is closed at 2000 wrestlers
- 14 wrestling mats
- Nordic A/B Pool system guarantees two-match minimum
- Opportunity to wrestle in both Greco-Roman and Freestyle (separate days)
- International Training Camp April 1-4, 2019



AT 2018 TALLINN OPEN:

1911 wrestlers (incl 232 female)
25 countries
218 teams
Training camp with
+330 wrestlers from 16 countries





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won the Heavyweight Gold Medal at the 1936 Berlin Olympics in both Greco-Roman and Freestyle. Kristijan remains the only person to ever have achieved this feat at the same Olympic Games.

Teams use Tallinn Open for preparation or as a benchmark qualification tournament for European and World Championships. The 2018 tournament attracted over 20 national teams of various age-groups in GR, FS and FW. The 2018 protocol is here: www.liga-db.de/TallinnOpen2018/

TALLINN OPEN is immediately followed by an International Wrestling Training Camp from 1-4 April, 2019, which in 2018 attracted over 330 GR, FS and FW wrestlers from 16-countries (please see Training Camp page).

CATEGORY	FEMALE			MALE (Greco-Roman and Freestyle)					
	Schoolgirl	Cadet	Junior	"Neo"	"Korkas"	Schoolboy "Englas"	Cadet	Junior	
Birthyear	2004 & Younger	2003-2002	2001-1999	< 2008	2007-2006	2005-2004	2003-2002	2001-1999	
Tolerance	---	+1kg	+2kg	---	---	---	+1kg	+2kg	
Weight in Kg	33 (+29)	36 (+34kg)	50	20 (+18)	32 (+29)	38 (+34)	45 (+41)	55	57
	36	43	53	23	35	41	48	60	61
	39	46	55	26	38	44	51	63	65
	42	49	57	29	42	48	55	67	70
	46	53	59	32	47	52	60	72	74
	50	57	62	35	53	57	65	77	79
	54	61	65	40	59	62	71	82	86
	58	65	68	45	66	68	80	87	92
	62	69	72	50	+66	75	92	97	97
	66	73	76	+50		85	110	130	125
Time	2 x 2min	2 x 2min	2 x 3min	2 x 2min	2 x 2min	2 x 2min	2 x 2min	2 x 3min	
Points	10pts	10pts	10pts	12pts	12pts	8-GR & 10-FS	8-GR & 10-FS	8-GR	10-FS
Regulation	Nordic A/B pool system. Current UWW scoring rules								
Note	Competition organisers reserve the right to make changes to the tournament program								

2019 TALLINN OPEN - 31. Kr. PALUSALU YOUTH WRESTLING FESTIVAL

Dates	Times	Event	Location
29 March, 2019 FRIDAY	10:00 - 14:00	Medical Control & Weigh-In (GR and GRTS combined)	Saku Suurhall - TALLINN
	16:00 - 22:00	Medical Control & Weigh-In (GR and GRTS combined)	Saku Suurhall - TALLINN
30 March, 2019 SATURDAY	09:00 - 09:30	Opening Ceremony	Saku Suurhall - TALLINN
	09:30 - 20:00	Greco-Roman Elimination Rounds, Finals & Award Ceremonies	Saku Suurhall - TALLINN
	12:00 - 20:00	Medical Control & Weigh-In of FS and FW wrestlers	Saku Suurhall - TALLINN
31 March, 2019 SUNDAY	09:00 - 18:00	FS & FW Elimination Rounds, Finals & Award Ceremonies	Saku Suurhall - TALLINN
1-4 April, 2019		TALLINN OPEN International Wrestling Training Camp	Saku Suurhall - TALLINN



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