



**Irish Amateur
Wrestling Association**
www.irishwrestling.ie

**WRESTLING
BUILDS
STRONGER
PEOPLE**

OPEN MAT

TRAIN • SPAR • IMPROVE

ALL IAWA MEMBERS WELCOME



**SATURDAY,
10 OCTOBER**



SBG DROGHEDA



YOUTH

12:00pm – 1:00pm

For IAWA members under 18.



ADULTS

1:00pm – 2:30pm

Open to members aged 16+.
Under-18s require parental
permission.



**Please bring your wrestling boots,
towel, water and a change of clothes.**

**THANK YOU TO
SBG DROGHEDA**
for hosting what will be our final open mat
before the Irish Open.



**Unit 11, Newgrange Business
Park, Rathmullan,
Drogheda, Co Louth**