



MALTA INTERNATIONAL FREESTYLE WRESTLING TOURNAMENT 2026

The **Malta Amateur Wrestling Federation** will host an international **Freestyle Wrestling Tournament** in Malta on **Saturday, 14 November 2026**, with wrestlers from Malta and a number of international teams expected to participate.

The entire competition will take place over one day at the **Marsa Sports Complex, Malta**.

Irish wrestlers interested in competing are invited to submit their details to the IAWA as soon as possible.

Competition Details

Date: Saturday, 14 November 2026

Venue: Marsa Sports Complex, Malta

Competition Start: 10:00am

Style: Freestyle Wrestling

Senior Weight Categories

57kg | 61kg | 65kg | 70kg | 74kg | 79kg | 86kg | 92kg | 97kg | 125kg

A **2kg weight tolerance** will apply.

The Malta Amateur Wrestling Federation has also advised that it has a number of **U17 wrestlers available to compete**. IAWA U17 wrestlers who may be interested in travelling should therefore also submit their details.

Wrestlers going must have a registered IAWA Coach with them

The I.A.W.A. may be in a position to assist with travel costs. Original receipts for flights should be emailed in with registration. You will then be contacted by the IAWA for further details. T&C's apply

Weigh-In

Two weigh-in opportunities will be available at the competition venue:

Friday, 13 November: 18:00–20:00

Saturday, 14 November: 08:00–09:00

The competition will commence at **10:00 on Saturday morning** and will continue until all bouts have been completed, with a short break before the finals.

Competition Format

The competition format will depend on the number of wrestlers entered in each weight category:

- **5 wrestlers or fewer:** Round Robin
- **6–7 wrestlers:** Nordic Group System
- **8 wrestlers or more:** Knockout and Repechage System

Medals will be awarded to athletes finishing **1st, 2nd and 3rd** in each category.

Team trophies will also be awarded to the **1st, 2nd and 3rd placed teams**.



Interested in Representing Irish Wrestling?

Anyone interested in travelling to Malta should confirm their interest **as early as possible and no later than the 25th October 2026**.

Your **IAWA membership must be current and in date** at the time of the registering.

Please email the following information to:

competitionsiawa@gmail.com

Athlete Details

Full Name:

Date of Birth:

Age on Competition Day:

Sex:

Current Weight:

IAWA Club:

Flight Details – Ireland to Malta

Departure Date:

Airline:

Flight Number:

Departure Time:

Arrival Time in Malta:

Flight Details – Malta to Ireland

Departure Date:

Airline:

Flight Number:

Departure Time:

Accommodation

Hotel Name:

Hotel Address:

Check-in Date:

Check-out Date:

Important Travel Information

All travelling wrestlers and coaches should ensure that they have **appropriate travel and medical insurance** in place for the duration of their trip and that their policy provides suitable cover for participation in competitive wrestling.

Participants are responsible for arranging their own flights, accommodation and local transport unless otherwise advised by the IAWA.

The organisers recommend using **BOLT** for transport between Malta International Airport, your hotel and the competition venue.



Competition Day Information

There will be **no canteen facilities at the venue**. The Malta Amateur Wrestling Federation will provide drinking water; however, all wrestlers and coaches should bring sufficient food, snacks and any additional drinks they require for the full competition day.

Medical assistance will be provided by the Malta Amateur Wrestling Federation, and an **ambulance will be present on site** in case of an emergency.

All athletes, coaches and supporters travelling to the event are expected to respect the organisers, referees, officials, volunteers and fellow competitors throughout the tournament.

This is a great opportunity for Irish wrestlers to gain **valuable international competition experience**, compete against wrestlers from outside Ireland and enjoy a wrestling weekend in Malta.

Interested? Get your details in early and represent Irish Wrestling in Malta!