

# Irish Amateur Wrestling Association

Website - [www.irishwrestling.ie](http://www.irishwrestling.ie)

## 2024 IRISH OPEN FREESTYLE WRESTLING CHAMPIONSHIPS



**Date:** Saturday 19<sup>th</sup> October 2024 (**REGISTRATION WILL GO LIVE IN SEPTEMBER**)

1 Day event \ 3mats Maximum 180 participants

**Venue:** National Indoor Arena, Sports Campus Blanchardstown, Eircode – D15EPN4

**Categories:** Male & Female – Freestyle Wrestling

Female Under 18 will be matched on the day. U9s, U11s, & U13s to be matched on the day based on 10% of their weight in accordance with IAWA guidelines.

\*For under U13s- depending on the number of registrations, mixed gender categories will be allowed.

CATEGORY	FEMALE					MALE				
	U13 Female	U15 Female	Cadet Female	Junior Female	Senior Female	U13 Male	U15 Male	Cadet Male	Junior Male	Senior Male
WEIGHT ALLOWANCE	0kg	0kg	+1kg	+2kg	+2kg	0kg	0kg	+1kg	+2kg	+2kg
BIRTH YEAR	2011 & Younger	2009-2010	2007-2008	2004-2006	2003 & Before	2011 & Younger	2009-2010	2007-2008	2004-2006	2003 & Before
STYLE	FS	FS	FS	FS	FS	FS	FS	FS	FS	FS
TIME	2 x 2 min	2 x 2 min	2 x 2 min	2 x 3 min	2 x 3 min	2 x 2 min	2 x 2 min	2 x 2 min	2 x 3min	2 x 3 min
WEIGHT	20 (+18kg)	33 (+29kg)	36 (+34kg)	50kg	50kg	26 (+23kg)	38 (+34kg)	45 (+41kg)	57kg	57kg
	23kg	36kg	43kg	53kg	53kg	29kg	41kg	48kg	61kg	61kg
	26kg	39kg	46kg	55kg	55kg	32kg	44kg	51kg	65kg	65kg
	29kg	42kg	49kg	57kg	57kg	35kg	48kg	55kg	70kg	70kg
	32kg	46kg	53kg	59kg	59kg	38kg	52kg	60kg	74kg	74kg
	35kg	50kg	57kg	62kg	62kg	42kg	57kg	65kg	79kg	79kg
	40kg	54kg	61kg	65kg	65kg	47kg	62kg	71kg	86kg	86kg
	45kg	58kg	65kg	68kg	68kg	53kg	68kg	80kg	92kg	92kg
	50kg	62kg	69kg	72kg	72kg	59kg	75kg	92kg	97kg	97kg
	+50kg	66kg	73kg	76kg	76kg	66kg	85kg	110kg	125kg	125kg
					+66kg	+85kg				

Pairings are at the discretion of the pairing master.



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### Weight allowance:

1kg for Cadet and 2kg Junior & Seniors only

Competitors must be either at or lower than their weight that they register for, but not heavier at the time of the weight-in. If the wrestler is over the weight specified they will be moved from the competition without refund..

### Weight in:

**At the venue – Saturday morning, 19<sup>th</sup> October 08:30am to 09:30am ONLY**

**Weigh in at the venue only, NO Video weigh in's will be accepted**

### Entry fee:

**Early bird fee** €40 for seniors, €30.00 for juniors and younger divisions, The Early bird closes Saturday 12th October at 20.00hr. Late entry €55.00 for Seniors and €40.00 for all other divisions. All registrations will close on Tuesday 15<sup>th</sup> October 20:00hr. No registrations will be accepted after this time.

### Membership:

Competitors can only register online if their IAWA membership is valid for 2024-25

**NO Membership, NO WRESTLING**

**Wrestlers travelling from outside Ireland email [competitionsiawa@gmail.com](mailto:competitionsiawa@gmail.com) for a separate registration link.**

Wrestlers travelling from outside the Republic of Ireland must be registered with their home National Governing Body for wrestling

### Entries:

Online entries only. NO ENTRIES OR PAYMENT ON THE DAY

### Registration:

Wrestlers living in the Republic of Ireland can register on

[www.irishwrestling.ie](http://www.irishwrestling.ie) You must be logged into your IAWA profile to register.

Wrestlers travelling from outside the Republic of Ireland (including Northern Ireland) can register by emailing [competitionsiawa@gmail.com](mailto:competitionsiawa@gmail.com)

Entries go live in late August

### Stipulations:

Coaches IAWA memberships must be up to date. Coaches will be required to wear coach ID during the tournament. Coaches must be appropriately dressed in the corner. (Tracksuits only)

All Irish club secretaries are reminded that Clubs, Competitors and Coaches **must** be registered with the I.A.W.A and Coaches must have current vetting certificate.

### Closing date:

Tuesday 15<sup>th</sup> October 2024 at 20.00hr



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- Awards:** Medals for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> & Best Wrestler of the day
- Stipulations:** **The IAWA have the right to make changes to entry criteria.**
- Competition Director:** Daniel Kennedy
- Safeguarding Officer:** Viorel Cristinel Bors
- Code of Conduct:** By attending this competition as a wrestler, coach or parent you agree to comply with the IAWA Wrestling Code of Conduct. [Code of Conduct](#)
- Anti-Doping:** All competitors entering IAWA competitions are also signing up to sport Irelands Anti-doping policy through the Irish Sports Council Act 1999.  
Full information on <https://www.irishwrestling.ie/governance/anti-doping>
- Merchandise:** There will be T-shirts, hoodies and wrestling merchandise for sale on the day in the venue.
- Photography:** Unless stated by clubs or individuals in writing to us before the competition date, consent will be given for photographs and videos to be taken in the hall on the day of the competition. These photos may appear on social media or websites for publicity of future events. Email: [competitionsiawa@gmail.com](mailto:competitionsiawa@gmail.com)
- Parking:** Free all day – Parking at owners' risk
- Food and Drink:** Café open from 10-5pm – Hot/Cold drinks snacks
- Transport:** **38 or 38A** Bus from O Connell St in the City Centre to Snugborough Road Blanchardstown approximately 41mins to National Aquatic Center (NAC)
- Accommodation:**
- Hotels**  
Travel Lodge Phoenix Park [LINK HERE](#)  
Generator Hostel Dublin City [Generator Hostel](#)  
Accommodation around the Blanchardstown Area, Co Dublin, Dublin 15

