



Irish Amateur Wrestling Association.

Web: www.irishwrestling.ie Email – irishwrestling@outlook.ie

English Senior Wrestling Championships 2024

Date Saturday 10th February 2024

Venue - Ponds Forge International Sports Centre Sheaf Street. Sheffield S1 2BP

Age Groups - Seniors

Any person born 2004 or earlier. Wrestlers aged 18 years and older can participate in this event.

Style & Weight Categories

Freestyle: 57/61/65/70/74/79/86/92/97/125kgs

Women Wrestling: 50/53/55/57/59/62/65/68/72/76kgs.

Missing weight will mean forfeit from the tournament without refund.

Number of Mats – 3 x 12 x 12m mats

Deadline for Entries to irishwrestling@outlook.ie is January 29th , 2023

Wrestlers must have an IAWA Coach travelling with them.

IAWA Member Number, Name, Date of Birth, Weight Division

All competitors must hold a valid IAWA membership on the day of the event.

Participants must send their flight details when sending in their registration information.

Cost- The IAWA will cover the cost of the registration fee of €50 and the cost of the flight up to €120 for wrestlers and 1 coach. This is available for a total of 8 persons.

Coaches

Coaches travelling are required to hold a valid IAWA coaching licence, a current safeguarding and Garda Vetting cert.

Coaches will be representing Irish Wrestling are required to dress appropriately and wear their Coach ID during the tournament. Any other unqualified person found “cornering” may be removed from the venue.

Prizes

Medals 1st, 2nd & 3rd place in categories with at least 2 wrestlers. 8 and above in a weight group will attract 2 Bronze medals.

Officials

Competition Director: Libby Genge

Official in Charge: Richard Philips

Accommodation

Accommodation and transfers are not provided and is the participants responsibility.



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Schedule

08:30 – 09:30 Weigh In

09:30 – 09:45 Referees Briefing

09:45 – 10:00 Coaches Briefing

10:30 – 13:30 Wrestling Session 1

13:30 – 14:30 Lunch Break

14:00 – 16:30 Wrestling Session 2

16:30 – 17:00 Prize Giving