



Irish Amateur Wrestling Association.

Web: www.irishwrestling.ie Email – irishwrestling@outlook.ie

English Senior Wrestling Championships 2024

Date Saturday 10th February 2024

Venue - Ponds Forge International Sports Centre Sheaf Street. Sheffield S1 2BP

Age Groups - Seniors

Any person born 2004 or earlier. Wrestlers aged 18 years and older can participate in this event.

Style & Weight Categories

Freestyle: 57/61/65/70/74/79/86/92/97/125kgs

Women Wrestling: 50/53/55/57/59/62/65/68/72/76kgs.

Missing weight will mean forfeit from the tournament without refund.

Number of Mats – 3 x 12 x 12m mats

Deadline for Entries to irishwrestling@outlook.ie is January 29th , 2024

Wrestlers must have an IAWA Coach travelling with them.

Send your IAWA Member Number, Name, Date of Birth, Weight Division

All competitors must hold a valid IAWA membership on the day of the event.

Participants must send their flight details when sending in their registration information.

Cost- The IAWA will cover the cost of the registration fee of €50 and the cost of the flight up to €120 for wrestlers and 1 coach. This is available for a total of 8 persons.

Coaches

Coaches travelling are required to hold a valid IAWA coaching licence, a current safeguarding and Garda Vetting cert.

Coaches will be representing Irish Wrestling are required to dress appropriately and wear their Coach ID during the tournament. Any other unqualified person found “cornering” may be removed from the venue.

Prizes

Medals 1st, 2nd & 3rd place in categories with at least 2 wrestlers. 8 and above in a weight group will attract 2 Bronze medals.

Officials

Competition Director: Libby Genge

Official in Charge: Richard Philips

By signing up to take part in this competition you are also signing up to the IAWA Code of Conduct for wrestlers and Sport Ireland's Rules on Anti-Doping. The anti-doping rules of the Irish Amateur Wrestling Association are the Irish Anti-Doping Rules as agreed with WADA and as amended from time to time and the Doping Regulations promulgated by United World Wrestling.



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Accommodation

Accommodation and transfers are not provided and is the participants responsibility.

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Schedule

08:30 – 09:30 Weigh In

09:30 – 09:45 Referees Briefing

09:45 – 10:00 Coaches Briefing

10:30 – 13:30 Wrestling Session 1

13:30 – 14:30 Lunch Break

14:00 – 16:30 Wrestling Session 2

16:30 – 17:00 Prize Giving

Wrestlers and Coaches are reminded that when travelling abroad they are representing Ireland and Irish Wrestling. The only thing that is asked for in return for sponsoring wrestlers travelling to compete in these events, is that they do their best and if they are lucky enough to make it onto the podium for a medal that they wear Irish Wrestling apparel such as an IAWA branded T-shirt, hoodie or singlet. When the IAWA invest in wrestlers travelling to represent Irish wrestling, it is only fair that it gets recognised publicly. The IAWA are constantly building their brand, it is important that as a sponsor, they get recognition for the support they give to athletes. This can be done at no cost to the wrestler or club in social media posts & photos or by tagging the #irishwrestling name where possible. If Irish Wrestling Branded T-shirts, Hoodies or singlets can be purchased by emailing irishwrestlingsecretary@gmail.com with the sizes, quantities and contact details. Payment details will be sent back to you.