



## Irish Amateur Wrestling Association CLG.

Email: [irishwrestling@outlook.ie](mailto:irishwrestling@outlook.ie)

Website - [www.irishwrestling.ie](http://www.irishwrestling.ie)

<b>Event Name:</b>	English Senior Wrestling Championships 2019 (FS & GR)
<b>Date:</b>	Saturday 23 <sup>rd</sup> January 2019
<b>Location:</b>	Manchester UK
<b>Venue:</b>	BWA Academy, Salford, Greater Manchester
<b>Age Group</b>	Seniors
<b>Closing Date For Entries</b>	Entries must go through IAWA
<b>Age &amp; Weights</b>	<p>Male: 57kgs, 61kgs, 65kgs, 70kgs, 74kgs, 79kgs, 86kgs, 92kgs, 97kgs &amp; 125kgs</p> <p>Female: 50kgs, 53kgs, 55kgs, 57kgs, 59kgs, 62kgs, 65kgs, 68kgs, 72kgs &amp; 76kgs</p> <p><i>There will be a 2kgs weight allowance – applies to all categories</i></p> <p><b>Athletes will be asked to stipulate which weight group they intend to compete in at the time of entry, athletes will not be allowed to move categories after the closing date for the competition</b></p> <p><b>Missing weight (on the day) will mean removal from the tournament without a refund.</b></p> <p>Athletes <u>must</u> weigh in wearing a singlet.</p> <p>Freestyle - Wrestling will commence 1 hour after the close of the weigh in.</p>
<b>Additional Details</b>	Email your name, Weight on the day of competition and Date of Birth.
<b>Contact for more information:</b>	<a href="mailto:irishwrestling@outlook.ie">irishwrestling@outlook.ie</a>



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**All competitors must be current registered members of the Irish Amateur Wrestling Association.**

**All coaches attending must be IAWA Certified, Garda Vetted and must be current registered members of the Irish Amateur Wrestling Association.**

**All entries from the republic of Ireland must go through the Irish Amateur Wrestling Association**

**All persons travelling outside of Ireland must have their own Travel Insurance**

**All entries from the Republic of Ireland travelling to International Wrestling Competitions must be entered by going through the Irish Amateur Wrestling Association**