



# Irish Amateur Wrestling Association.

Web: [www.irishwrestling.ie](http://www.irishwrestling.ie) Email – [irishwrestling@outlook.ie](mailto:irishwrestling@outlook.ie)

## **The Bull Run / Walk – St. Stephen's Day Fundraiser 26 December 2021 • Bull Island, Dollymount, Dublin**

The Irish Amateur Wrestling Association, in partnership with the Dollymount Sea Scouts, is delighted to host our 40<sup>th</sup> **St. Stephen's Day Fun Run/Walk** on beautiful Bull Island. This family-friendly fundraising event is suitable for everyone—from leisurely walkers to novice and experienced runners. Bring the whole family, and even the dog! No matter the weather, it's always great fun.

**Register Quickly:** Click [Bull Run 2025 Registration](#) Or scan the QR Code

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### **Check-In:**

10:00am – 10:45am

5th Port Dollymount Sea Scout Den, Bull Island

**Eircode:** D03 NR22

### **Start Times:**

- **Walkers:** 10:45am (4 km route)
- **Runners:** 11:00am (7.5 km route)

### **Prize Giving & Spot Prize Draw:**

Approximately 12:30pm at the Scout Den

Event concludes by 1:30pm.



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### **About the Routes**

Clear the head after Christmas Day with a refreshing Run or Walk along the scenic Bull Island and Dollymount Beach.

- **Walk:** 4–4.5 km
- **Run:** 7.5 km

Finish back at the Scout Den for presentations, raffle, and our **Super Spot Prize Draw**—all registered participants are automatically entered!

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## Prizes

Medals for 1st, 2nd, and 3rd place in the following runner categories:

- **Juniors:** Under 15, and 16–17
  - **Seniors:** 18–45, and 46+
- Categories include Senior Male, Senior Female, and Other.

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## Registration & Fees

- **Individual Entry:** €15
- **Family Rate:** €35 (*for 2 adults + 2 children under 18 from the same household*)

Can't attend? Donations are always welcome and deeply appreciated!

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## Directions

Follow the wooden bridge in Dollymount toward Dollymount Beach, Clontarf. As you cross the bridge, you'll see a white building with green gates on the left—that's the Scout Den. Pass the Bull Cottages and take the immediate left into the car park.

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## About the Organisers

This event is organised by the **Irish Amateur Wrestling Association (I.A.W.A.)** and the **Dollymount Sea Scouts**. All funds raised support projects promoting and developing **Olympic Wrestling in Ireland**.

For more information, visit: [www.irishwrestling.ie](http://www.irishwrestling.ie)

Contact: [irishwrestling@outlook.ie](mailto:irishwrestling@outlook.ie)

The Irish Amateur Wrestling Association is a non-profit, 100% voluntary organisation and is the recognised National Governing Body for Olympic Wrestling & Grappling Sports by Sport Ireland and the Olympic Federation of Ireland.

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**We look forward to seeing you on the day!**

— The I.A.W.A. Team

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## Map of Course



### Waiver – Bull Run/Walk, 26th December

By registering for and participating in the Irish Amateur Wrestling Association (IAWA) Bull Run/Walk, I acknowledge that I am entering this Event entirely at my own risk.

I hereby release the Irish Amateur Wrestling Association and its partners from any and all liability arising from any loss, damage, or injury (including fatal injury) that I may suffer before, during, or after the Event. I waive any and all rights or claims for damages or compensation against the Irish Amateur Wrestling Association, including its employees, agents, officers, governors, sponsors, volunteers, and their representatives, successors, and assigns. This waiver is binding upon my estate and heirs.

I confirm that I am voluntarily participating in the Bull Run/Walk and that the distance I have chosen reflects my own fitness level and athletic capability. My decision to enter the Event has not been influenced by any other individual.



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I understand that it is my responsibility to assess the risks associated with running or walking the Event and to determine whether I am physically capable of doing so safely. I certify that I am physically fit, injury-free, and have adequately prepared to complete the Event.

I acknowledge that parts of the Event may require crossing roads where vehicular traffic is present and that no stewards will be stationed at these points. I agree to exercise the utmost care and attention when crossing any roads.

I confirm that I have not tested positive for Covid-19 within the past two weeks, nor have I been in close contact with anyone who has tested positive during that period. I agree not to participate if either circumstance applies.

I acknowledge that if the Event is postponed, altered, shortened, lengthened, or cancelled, the Irish Amateur Wrestling Association is not responsible for any costs or expenses I may incur, including those related to travel, accommodation, meals, or other arrangements. I accept that there are no exceptions to this policy.

I grant full permission to the Irish Amateur Wrestling Association and its service providers to use photographs, video footage, or recordings of me taken during the Event, including at the start and finish areas, for any legitimate purpose without obligation or recourse to me. I waive any rights to my image in connection with these materials.

I understand that this waiver covers any claims arising from negligence, omissions, or actions of the Irish Amateur Wrestling Association or its service providers, as well as any other causes.

I acknowledge that I have been given the opportunity to read and understand the terms of this waiver.

I agree that any legal claim or dispute arising from or relating to my participation in this Event will be governed by the laws of the Republic of Ireland and will be resolved exclusively in the courts of the Republic of Ireland.



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