



Irish Amateur Wrestling Association.

Web: www.irishwrestling.ie Email – irishwrestling@outlook.ie

The Bull Run /Walk is an annual fundraising event and is suitable for all the family. The Irish Amateur Wrestling Association along with Dollymount Sea Scouts are once again delighted to announce our St Stephen's Day Annual Fun Run/ Walk 26th December 2022 on the Bull Island Dollymount, Dublin.

This event is suitable for all levels from walkers to novice and serious runners and why not bring the dog too! It is always a fun event regardless of the weather!

Check in at 5th Port Dollymount Sea Scout Den, Bull Island from Eircode D03 NR22

Check in from 10:00am to 10:45am.

Walkers start 10:45am - 4km course

Runners Start 11:00am – 7km course

Prize giving and draw at the end will start at 12:15 approximately. This event is a great way to clear the head after your Christmas Day, It will take place on 26th December, Starting at the Sea Scout Den on the Bull Island in Dollymount. You can Run, Walk or Crawl the scenic 4km Walk or Run the 7km route down to and along Dollymount Beach, then finish up back at the Scout Den for the presentations and raffle.

The Bull Run/Walk will be operated under the latest Government guidelines for Covid 19.

Medals for 1st, 2nd & 3rd for runners in their respective age groups Senior Male, Female & other, 12-13, 14-15, 16-17, 18 to 45 and 46+

By registering you are automatically signed up for the Super Spot Prize Draw after the official prize giving!!

FINER DETAILS

Check-in starts **from** 10:00am at the 5th Port Dollymount Sea Scout Den on the Bull Island

Walkers start at 10:45 – 4km

Runners start at 11:00 - 7km

Prize giving will be at approximately 12:15 at the Scout Den. Finishing completely by 13:30

€13.50 per person, Family rates of €33 for four people (two adults & two children under 18 from the same family) or simply make a donation if you can't make it on the day.



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DIRECTIONS-

Follow the wooden bridge in Dollymount heading towards Dollymount beach in Clontarf, As you cross the wooden bridge you will see a white building on the left hand side with green gates. This is the Scout Den, Pass the Bull Cottages and immediately take the left into the car park. This event is organised by the I.A.W.A along with Dollymount Sea Scouts and funds raised go towards projects to develop Youth Olympic Wrestling in Ireland

Click on our website www.irishwrestling.ie for more information on the IAWA

Contact - irishwrestling@outlook.ie for further details

We look forward to seeing you on the Day!

The I.A.W.A. Team

Map of Course



Waiver

Bull Run/ Walk, 26th December, 2021



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By registering and taking part in the Irish Amateur Wrestling Association Bull Run/Walk Sponsor Event I acknowledge that I enter the Event **entirely** at my own risk.

I hereby release the Irish Amateur Wrestling Association and its Partners from any and all liability arising from any loss, damage or injury (including fatal injury) suffered by me before during or after the event.

I hereby waive any and all rights and claims for damages or compensation from the Irish Amateur Wrestling Association (including its employees, agents, officers, governors, sponsors and volunteers, and their representatives, successors and assigns) arising from any loss, injury (including fatal injury) suffered by me before during or after the Race. This waiver and release is binding on my estate and my heirs.

I acknowledge and confirm that I have chosen the Bull Run/Walk Event and I am entering the Event of my own accord. The distance that I have chosen is due to my own athletic capability and my decision to enter the Event has not been influenced by any other individuals.

I acknowledge that it is my responsibility to understand the risks of running/Walking the Event and determine whether I am fit enough and strong enough to safely run/walk the Event. I attest and certify that I am physically fit, injury free and have sufficiently trained to complete the Race.

I acknowledge that the Event will take place where crossing roads with vehicular traffic present. I acknowledge that there are no stewards during this portion of the Event. I will ensure to cross roads with the utmost care and attention

I confirm that I have **not** been in close contact with an individual who has tested positive for Covid-19. I hereby confirm that I have not tested positive for Covid-19 within the last two weeks. If I have tested positive or have been in close contact with an individual who has tested positive in the last two weeks, I will not participate in the Event.

I accept and acknowledge that the Entry fee is NON-REFUNDABLE and I will not sell my entry or offer it to another person free of charge if I cannot participate.

I accept and acknowledge if the Race is postponed, altered, shortened, lengthened or cancelled that the Irish Amateur Wrestling Association has no obligation to me for any costs and expenses that I may incur pertaining to my planned participation, whether for travel, lodging, meals or any otherwise. I accept and acknowledge there are no exceptions to this policy and that I will not ask for an exception to be made for me.

I hereby grant full permission to the Irish Amateur Wrestling Association or any of its service providers to use photographs, films or recordings of the Event for any legitimate purpose without recourse to me and I hereby release any right I may have to my image while taking part in the Event or at the start line or finish area

I understand and acknowledge that this waiver includes any claims, whether caused by negligence, omission, the action or inaction of the Irish Amateur Wrestling Association or any of its service providers or otherwise.



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I acknowledge that I have been afforded the opportunity to review and understand the terms of this waiver.

I agree that any legal claim or dispute arising out of or in any way relating to my participation in this event will be governed by the laws of Republic Ireland and will be adjudicated exclusively by and in the Courts of Republic of Ireland.

SIGNATURE: _____

SIGNATURE (BLOCK CAPITALS): _____

DATED: _____