



# IRISH AMATEUR WRESTLING ASSOCIATION

## Dublin Open 2022

### Freestyle Wrestling Tournament



- Date:** **SUNDAY 10th April 2022**– 1-day event  
Sunday morning weigh-check only  
Weigh Check from 09:30 – 10:30am  
Wrestling Starts at 11:00am
- Venue:** Poppintree Community & Sports Centre  
Balbutcher Lane, Ballymun, Dublin 11  
Eircode – D11E7WR
- Entries** Online registration only at [www.irishwrestling.ie](http://www.irishwrestling.ie)  
**Entries go live on Monday 11<sup>th</sup> March \_\_\_\_\_, at 08:00 am**  
Competitors must be IAWA members and logged into your account to register.  
**To renew your membership or to register as a new member please click-**  
<https://www.irishwrestling.ie/membership/>  
**Annual Membership is currently only €10 and allows members to register for all competitions, events, courses and seminars.**
- Entry Fee-**  
**Early Bird Entry Fee** is €15 before Sunday 3<sup>rd</sup> April – 22:00hr  
Entry Fee after 22:00hr on Sunday 3<sup>rd</sup> April will go up to €30.  
Final **Closing Date** for all entries is 22:00hr on Thursday 7th April.  
Competitors under 18 must enter their exact weight that they will be on the date of the competition.  
Seniors must select a weight division.  
No entries will be taken after the closing time or on the day of the competition  
**Competitors from outside the Republic of Ireland**, please email [competitionsiawa@gmail.com](mailto:competitionsiawa@gmail.com)  
**Entries will be capped at 80 competitors**  
**Corner Coaches on the day must be current IAWA registered Coaches or registered with their home NGB.**
- Weigh Check** 09:30 – 10:00am on Sunday 10<sup>th</sup> April. Seniors must be on weight or slightly under, but not over at the weight check.
- Category:** This competition is designed to encourage new wrestlers, improving wrestlers, grapplers, BJJ and MMA wrestlers to compete in a Freestyle Wrestling Tournament.  
Wrestlers must wear a wrestling singlet and boots when competing.
- This competition is open to children from 6 years (Born 2016) up to Senior Age.  
Senior- Male / Female Born 2004 and before.  
Under 18 Weights will be matched on the day in accordance with age and weight.  
Juniors are 18 years or under on the day of the tournament
- When entering your details on the website please enter your -
- Exact Weight on the day of the competition
  - Age on the day of the competition and Date of Birth
  - Any other details that are requested.



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**Seniors Male Weights:**

**Seniors Male (Born 2004 and before)**  
57, 61, 65, 70, 74, 79, 86, 92, 97, 125 Kg

**Senior Female (Born 2004 and before)**  
50, 53, 55, 57, 59, 62, 65, 68, 72, 76 Kg

**Weight Allowance**

**No weight allowance** for seniors

If there are insufficient competitors in a weight class, wrestlers will be accommodated in another weight class at the discretion of the Pairing Master  
Only one weight category per entry.

**Anti Doping:**

All competitors entering IAWA competitions and events are also signing up to sport Irelands Anti-doping policy through the Sport Ireland Act 1999. For full Anti-doping information click <https://www.irishwrestling.ie/governance/anti-doping>

**Awards:**

Medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place

**Photographs**

Photographs and Video maybe taken of this event by the IAWA. Photos maybe posted on our social media to promote future wrestling events.

**Competition Director**

Keith Kennedy [keithkwrestling@gmail.com](mailto:keithkwrestling@gmail.com)

**Child Safeguarding Officers**

Pauline Lucas [iawagardavetting@gmail.com](mailto:iawagardavetting@gmail.com)  
Daniel Kennedy [irishwrestling@outlook.ie](mailto:irishwrestling@outlook.ie)

**Directions:**

**Eircode - D11E7WR**  
Popintree Sports Centre. Balbutcher Lane, Ballymun.